

Lesson Plan
for the Academic Session July 2021- June22
DEPARTMENT OF PSYCHOLOGY

Faculty wise Lesson Plan with Paper Name, Marks and Credit

ODD SEMESTER

SEMESTER ONE HONOURS

Semester	Paper CC-1-2-TH+PR	Unit	Topic	JULY – SEPTEMBER/ OCTOBER- DECEMBER	Faculty Name
SEMESTER ONE HONOURS	CC- 1: INTRODUCTION TO PSYCHOLOGY	Unit 1: Introduction:	What is psychology? Perspectives on behaviour; Methods of psychology; Subfields of psychology;	SEPTEMBER	DR. RITUPARNA BASAK
		Unit 2: Perception:	Perceptual processing, Role of attention in perception, Perceptual organization, Perceptual sets, Illusions	SEPTEMBER	DR. BITHI AHIRI
		Unit 3: Learning and Motivation:	Principles and applications of Classical conditioning, Operant conditioning, and Observational learning;	SEPTEMBER	ANURAAG PRASAD LAMA
			Perspectives on motivation, Types of motivation, Motivational conflicts.	OCTOBER	MITALI MALLICK
		Unit 4: Memory:	Models of memory: Levels of processing, Parallel distributed processing, Information processing; Forgetting; Improving memory	SEPTEMBER	DR. TINNI DUTTA
		PRACTICAL	ON MEMORY	OCTOBER	ROMA ROY BASU
				OCTOBER- NOVEMBER	ROMA ROY BASU
SEMESTER ONE HONOURS	CC-2: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-I	Unit 1: Introduction	Psychological Research; Relevance of Statistics in Psychological Research; Descriptive and Inferential Statistics; Scales of Measurement. Frequency Distributions, Percentiles, and Percentile Ranks: Organizing Quantitative Data; Constructing a Grouped Frequency Distribution, Computation of Percentiles and Percentile Ranks. Graphic Representation of Data: Basic procedures; The Histogram; The Frequency Polygon;	SEPTEMBER	DR RITUPARNA BASAK
			The Mode; The Median; The Mean; Calculation of Mode, Median and Mean from Raw Scores and Grouped Scores; Properties and Comparison of Measures of Central Tendency; Measures of Variability: The Range; The Semi-Interquartile Range; The Variance; The Standard Deviation; Calculation of Variance and Standard Deviation from Deviation Scores and Raw Scores; Properties and Comparison of Measures of Variability;	SEPTEMBER-OCTOBER	ROMA ROY BASU
		Unit 2: Measures of Central Tendency:	Standard Scores; Properties of z-scores; Transforming raw scores into z-scores, Determining a raw score from a z-score,	SEPTEMBER	DR. BITHI AHIRI
				OCTOBER- NOVEMBER	DR RITUPARNA BASAK
			SEPTEMBER	ANURAAG PRASAD LAMA	

		Unit 3: Standard (z) Scores:	The Normal Probability Distribution: Nature and Properties of the Normal Probability Distribution; Standard Scores and the Normal Curve; The Standard Normal Curve: Finding Areas when the Score is Known, Finding Scores when the Area is Known; Divergence from Normality (Skewness and Kurtosis).	SEPTEMBER	RAKHI SENGUPTA
		Unit 4: Correlation:	The Meaning of Correlation; Historical Perspective; A Matter of Direction; Correlation: A Matter of Degree; The Coefficient of Correlation; Calculating Pearson's Correlation Coefficient from Deviation Scores and Raw Scores; Spearman's Rank-Order Correlation Coefficient; Correlation and Causation; The Effects of Score Transformations; Cautions concerning Correlation Coefficients.	SEPTEMBER- OCTOBER	MITALI MULICK
		PRACTICAL	Random Sampling and Sampling Distributions: Random Sampling; Using a Table of Random Numbers; The Random Sampling Distribution of the Mean: An Introduction; Characteristics of the Random Sampling Distribution of the Mean;	SEPTEMBER	DR. TINNI DUTTA
			ON GRAPHICAL REPRESENTATION	NOVEMBER	ROMA ROY BASU
			ON CENTRAL TENDENCY	NOVEMBER	ANURAAG PRASAD LAMA
			ON VARIABILITY	NOVEMBER- DECEMBER	DR RITUPARNA BASAK

SEMESTER THREE HONOURS

Semester	Paper CC-5-6-7-SEC-TH+PR	Unit	Topic	JULY – SEPTEMBER/ OCTOBER- DECEMBER	Faculty Name
SEMESTER THREE HONOURS	CC-5: DEVELOPMENT OF PSYCHOLOGICAL THOUGHT	Unit 1: Understanding Psyche: Unit 2: Positivist Orientation: Unit 3: Analytic Debates Unit 4: Contemporary Developments: PRACTICAL	A universal quest for understanding Consciousness. Indian Perspective: Yoga and Vedant: Western Perspective. Emergence of modern psychology: Questions from Western view; Developments in Behaviourism (Watson), Neo-behaviouristic traditions (Skinner), Cognitive revolution- A Paradigm Shift) Clinical Vs Phenomenological, Freudian Psychoanalysis, The shift towards social and cultural; Developments of Third Force: Humanistic and Existential Psychology of Gender IGRIS	JULY JULY- AUGUST JULY- AUGUST JULY JULY AUGUST- SEPTEMBER	DR BITHI AHIRI DR RITUPARNA BASAK MITALI MULICK DR TINNI DUTTA ANURAAG PRASAD LAMA RAKHI SENGUPTA
SEMESTER THREE HONOURS	CC-6: PSYCHOLOGICAL RESEARCH	Unit 1: Basics of Research in Psychology:	What is Psychological Research? The Goals of Psychological Research, Principles of Good Research, Ethics in Psychological Research. Research Traditions :Quantitative& Qualitative orientations towards research & their steps, Comparing Qualitative& Quantitative Research Traditions, Formulating a problem & developing a testable research question / research hypothesis.	OCTOBER SEPTEMBER	MITALI MULICK ANURAAG PRASAD LAMA

		Unit 2: Sampling: Unit 3: Methods of Data Collection: Unit 4: Psychological testing: PRACTICAL	Probability & Non probability sampling methods Case study, Observation, Interview & Focus group discussion, Survey, Characteristics of a test – standardization, reliability, validity, norms, COPING CHECKLIST	OCTOBER SEPTEMBER OCTOBER SEPTEMBER OCTOBER OCTOBER-NOVEMBER	ROMA ROY BASU DR RITUPARNA BASAK DR BITHI AHIRI DR TINNI DUTTA RAKHI SENGUPTA DR RITUPARNA BASAK
SEMESTER THREE HONOURS	CC-7: SOCIAL PSYCHOLOGY	Unit 1: Introduction: Unit 2: Understanding and evaluating the social world: Unit 3: Social interaction and Influence: Unit 4: Group Dynamics and Inter-group relations: PRACTICAL	Nature and scope of social psychology; Overview of the history of socialpsychology (including development in India); Social cognition, Social perception, Attitudes, Attitude-behaviour link; Interpersonal attraction, Pro-Social Behaviour, Social Influence Nature of groups, Nature of intergrouprelations (prejudice, inter-group conflict, intervention techniques) PROBLEM SOLVING	JULY-AUGUST OCTOBER-NOVEMBER SEPTEMBER SEPTEMBER NOVEMBER AUGUST-SEPTEMBER NOVEMBER-DECEMBER	DR RITUPARNA BASAK DR BITHI AHIRI RAKHI SENGUPTA MITALI MULLICK DR TINNI DUTTA ROMA ROY BASU ANURAAG PRASAD LAMA ROMA ROY BASU
SEMESTER THREE HONOURS	SEC-A-01 BEHAVIOUR MODIFICATION	Unit 1: Introduction- Unit 2: Unit 3 : Techniques- Unit 4: Applications-	What is behaviour. What is behaviour modification. What is behaviour assessment. Classical conditioning theory, basic principles, cognitive perspective and applications. Operant conditioning theory, basic principles, punishment, negative reinforcement, schedules of reinforcement, cognitive perspective and applications. Token Economy, Contingencies, Shaping, Premack Principle. School, Family, Work. Behavioural principles and procedures-a) Getting a behaviour to occur more often with positive reinforcement, b.) Developing and maintaining behaviour with conditioned reinforcement, c.) Decreasing a behaviour with extinction. Planning, applying and evaluating.	JULY-AUGUST SEPTEMBER-OCTOBER AUGUST-SEPTEMBER NOVEMBER	DR TINNI DUTTA DR TINNI DUTTA ANURAAG PRASAD LAMA ANURAAG PRASAD LAMA

SEMESTER FIVE HONOURS

Semester	Paper CC-11-12-DSEA- DSEB-TH+PR	Unit	Topic	JULY – SEPTEMBER/ OCTOBER- DECEMBER	Faculty Name
SEMESTER FIVE HONOURS	CC-11: UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS	Unit 1: Biological etiology-explanations and interventions for Mood disorders and Schizophrenia: Unit 2: Insight oriented explanations and interventions: Unit 3: Behavioural and Cognitive explanations : Unit 4: Perspectives of Counselling: PRACTICAL	Application in case of mood disorders and schizophrenia Psychoanalytic perspective – OCD, Dissociative disorder; Application in case of: phobias, depression. Concept, Types- Directive, Nondirective and Eclectic ON GHQ	JULY JULY JULY AUGUST JULY SEPTEMBER AUGUST AUGUST- SEPTEMBER	DR RITUPARNA BASAK MITALI MULLICK ROMA ROY BASU RAKHI SENGUPTA ANURAAG PRASAD LAMA DR RITUPARNA BASAK ROMA ROY BASU DR TINNI DUTTA
SEMESTER FIVE HONOURS	CC-12: DEVELOPMENTAL PSYCHOLOGY	Unit 1: Introduction: Unit 2: Stages of Life Span Development: Unit 3: Domains of Human Development: Unit 4: Socio-Cultural Contexts for Human Development: PRACTICAL	Concept of Human Development; themes Andresearch designs Prenatal Development, Birth and Infancy, Childhood, Adolescence, Adulthood Cognitive development: perspectives of Piaget and Vygotsky; Language Development; Emotional Development; Moral Development: Perspective of Kohlberg; Personality Development Family; Peers, & Schooling; ON PARENT CHILD RELATION	NOVEMBER JULY- AUGUST AUGUST- OCTOBER OCTOBER AUGUST SEPTEMBER JULY AUGUST OCTOBER NOVEMBER- DECEMBER	DR BITHI AHIRI ROMA ROY BASU DR RITUPARNA BASAK MITALI MULLICK ANURAAG PRASAD LAMA RAKHI SENGUPTA DR TINNI DUTTA DR RITUPARNA BASAK ANURAAG PRASAD LAMA RAKHI SENGUPTA
SEMESTER FIVE HONOURS	DSE-01: POSITIVE PSYCHOLOGY	Unit 1: Introduction: Positive Psychology: Unit 2: Positive Emotional States and Processes: Unit 3: Positive Cognitive States and Processes Unit 4: Applications PRACTICAL	An Introduction, Perspectives on Positive Psychology: Western and Eastern, Character Strengths and virtues. Happiness and Well being, Emotional Intelligence, Self-efficacy, Wisdom, Flow, Mindfulness. Work, education, ON WELL BEING	AUGUST JULY- AUGUST JULY AUGUST AUGUST DECEMBER DECEMBER NOVEMBER NOVEMBER- DECEMBER	DR BITHI AHIRI DR TINNI DUTTA RAKHI SENGUPTA DR RITUPARNA BASAK MITAI MULLICK ROMA ROY BASU ANURAAG PRASAD LAMA DR RITUPARNA BASAK MITALI MULLICK

SEMESTER FIVE HONOURS	DSE-03: HEALTH PSYCHOLOGY	Unit 1: Introduction:	Introduction to Health Psychology: components of health: social, emotional, cognitive and physical aspects,	JULY-AUGUST	DR RITUPARNA BASAK
			goals of health psychology, Bio-psychosocial model of health	AUGUST	ROMA ROY BASU
		Unit 2: Behavior and health:	Characteristics of health behaviour; Barriers to health behaviour;	SEPTEMBER	ANURAAG PRASAD LAMA
		Unit 3: Health Enhancing Behaviours:	Exercise, nutrition, safety, pain,	SEPTEMBER	RAKHI SENGUPTA
		Unit 4: Health and Well-being	Life satisfaction; Optimism and Hope	AUGUST-SEPTEMBER	DR RITUPARNA BASAK DR TINNI DUTTA
	PRACTICAL	ON HOPE	SEPTEMBER-OCTOBER	DR BITHI AHIRI	

SEMESTER ONE GENERAL

Semester	Paper CC/GE-1-TH+PR	Unit	Topic	JULY – SEPTEMBER/OCTOBER-DECEMBER	Faculty Name
SEMESTER ONE GENERAL	CC-1: Foundations of Psychology	Unit 1: Introduction:	Psychology: a science and a perspective, origin and development of psychology, Indian Psychology, methods.	SEPTEMBER	DR RITUPARNA BASAK
			Perception, nature of perception, laws of perceptual organization,	SEPTEMBER-OCTOBER	DR BITHI AHIRI
		Unit 2: Cognitive processes:	learning conditioning, observational learning;	SEPTEMBER	MITALI MULLICK
			memory-processes, information processing model, techniques for improving memory.	SEPTEMBER-OCTOBER	ROMA ROY BASU
		Unit 3: Motivation and Emotion:	Motives: biogenic and sociogenic	SEPTEMBER	DR TINNI DUTTA
			Emotions: aspects of emotions, key emotions	SEPTEMBER-OCTOBER	RAKHI SENGUPTA
		Unit 4: Personality and Intelligence:	Personality: nature, theories (Freud, Allport)	SEPTEMBER-OCTOBER	ANURAAG PRASAD LAMA
			Intelligence: nature, theories (Spearman, Gardner)	SEPTEMBER	DR BITHI AHIRI
		PRACTICAL	ON MEMORY	OCTOBER-NOVEMBER	DR TINNI DUTTA
			ON INTELLIGENCE	NOVEMBER-DECEMBER	ROMA ROY BASU

SEMESTER THREE GENERAL

Semester	Paper CC/GE-3-SEC-TH+PR	Unit	Topic	JULY – SEPTEMBER/ OCTOBER- DECEMBER	Faculty Name
SEMESTER THREE GENERAL	CC-3: Psychological Disorders	Unit 1: Basic Concepts: Unit 2: Theoretical perspectives: Unit 3: Clinical features: Unit 4: Treatment of disorders: PRACTICAL	Definition and criteria of abnormality, classification, Diathesis Stress Model. Biological, familial, cultural, behavioral, cognitive and psychodynamic Generalized Anxiety Disorder, Obsessive compulsive disorder, Major Depression, Bipolar I disorder and Schizophrenia: According to Current Nomenclature (DSM) Psychological treatment: Basic tenets of Psychoanalytic therapy, Behaviour Therapy STAI PERCIEVED STRESS SCALE	JULY JULY-AUGUST SEPTEMBER AUGUST NOVEMBER AUGUST-SEPTEMBER AUGUST JULY NOVEMBER NOVEMBER OCTOBER-NOVEMBER	MITALI MULLICK DR RITUPARNA BASAK DR RITUPARNA BASAK DR TINNI DUTTA ROMA ROY BASU ANURAAG PRASAD LAMA MITALI MULLICK RAKHI SENGUPTA DR BITHI AHIRI MITALI MULLICK ANURAAG PRASAD LAMA
THREE GENERAL	SEC- 1A Managing Stress	Unit 1: Stress: Unit 2: Managing stress:	Nature of stress, symptoms of stress, sources of stress, Stress and health Methods - yoga, meditation, relaxation techniques, problem focused and emotion focused approaches	JULY-AUGUST JULY-SEPTEMBER	ROMA ROY BASU DR RITUPARNA BASAK

SEMESTER FIVE GENERAL

Semester	Paper DSE-1A-SEC-TH+PR	Unit	Topic	JULY – SEPTEMBER/ OCTOBER- DECEMBER	Faculty Name
SEMESTER FIVE GENERAL	DSE- 1A Health and Well Being	Unit 1: Introduction to Health Psychology: Unit 2: Well-Being: Unit 3: Stress, illness and pain Unit 4: Health enhancing behaviors: PRACTICAL	components of health, relationship between health and psychology, mind and body relationship, goals of health psychology, Role of Positive Psychology components of well-being: life satisfaction, affect : causes, consequences and coping with stress, pain and illness. Implications for well-being: psychological factors: resilience, hope, optimism; exercise, safety, nutrition, Life Skills. ON WELL BEING	JULY JULY-AUGUST AUGUST AUGUST SEPTEMBER NOVEMBER AUGUST AUGUST-SEPTEMBER	ROMA ROY BASU DR RITUPARNA BASAK DR BITHI AHIRI DR TINNI DUTTA RAKHI SENGUPTA ANURAAG PRASAD LAMA MITALI MULLICK DR TINNI DUTTA

EVEN SEMESTER

SEMESTER TWO HONOURS

Semester	Paper CC-3-4-TH+PR	Unit	Topic	JANUARY- MARCH/ APRIL -JUNE	Faculty Name	
SEMESTER TWO HONOURS	CC-3: BIO- PSYCHOLOGY	Unit 1: Introduction to biopsychology:	Nature and scope; Divisions of biopsychology.	JANUARY	DR TINNI DUTTA	
		Unit 2: The Functioning brain:	Structure and functions of neurons; Neural conduction and synaptic transmission.	JANUARY- FEBRUARY	DR BITHI AHIRI MITALI MULLICK	
		Unit 3: Organization of Nervous system:	CNS: Structure and functions.	JANUARY- MARCH	DR RITUPARNA BASAK	
		Unit 4: Neuroendocrine system:	PNS: Structure and functions.	JANUARY	ROMA ROY BASU ANURAAG PRASAD LAMA RAKHI SENGUPTA	
		PRACTICAL	Structure, functions and abnormalities of major glands: Thyroid,	JANUARY	DR RITUPARNA BASAK RAKHI SENGUPTA	
			Adrenal, Gonads, Pituitary.	JANUARY- FEBRUARY		
			SIMPLE REACTION TIME	MARCH-APRIL		
			CHOICE REACTION TIME	FEBRUARY- MARCH		
				DISCRIMINATIVE REACTION TIME	MARCH-APRIL	ROMA ROY BASU
		SEMESTER TWO HONOURS	CC-4: PSYCHOLOGY OF INDIVIDUAL DIFFERENCES	Unit 1: Personality:	Nature of personality; Biopsychosocial foundations of personality; Perspectives on personality: Psychodynamic (Freud), humanistic (Maslow)	JANUARY- FEBRUARY JANUARY
Unit 2: Intelligence:	Concept of intelligence: Psychometric and cognitive approaches to intelligence; Gardner's multiple intelligences; Heredity, environment and intelligence; Extremes of intelligence.			MARCH-APRIL	ANURAAG PRASAD LAMA	
Unit 3: Indian approach:	Self and Identity from Indian Perspective: Nyaya, Vedanta and Buddhist views of Self. Components of Identity: Concept of Triguna from Sankhya perspective.			FEBRUARY- MARCH	DR TINNI DUTTA	
Unit 4: Enhancing individual's potential:	Self-determination theory;			MARCH-APRIL	DR BITHI AHIRI	
PRACTICAL	ON INTELLIGENCE			MARCH	ROMA ROY BASU	
	ON INTELLIGENCE			MARCH	MITALI MULLICK	
	ON PERSONALITY			APRIL-MAY	DR TINNI DUTTA	

SEMESTER FOUR HONOURS

Semester	Paper CC-8-9-10-SEC- TH+PR	Unit	Topic	JANUARY- MARCH/ APRIL -JUNE	Faculty Name
SEMESTER FOUR HONOURS	CC-8: UNDERSTANDING PSYCHOLOGICAL DISORDERS	Unit 1: Understanding Abnormality:	Issues in defining Normality and Abnormality; Issues in diagnosis and classification;	JANUARY	DR RITUPARNA BASAK
		Unit 2: Clinical Picture and etiology of Disorders I:	Anxiety disorders;- Generalized Anxiety Disorder and Obsessive Compulsive Disorder Somatoform disorders	JANUARY- FEBRUARY JANUARY- FEBRUARY	ROMA ROY BASU ANURAAG PRASAD LAMA

		<p>Unit 3</p> <p>: a) Clinical Picture and etiology- Mood disorders</p>	JANUARY-FEBRUARY	DR TINNI DUTTA
		<p>Unit 4</p> <p>: a). Clinical Picture and etiology: Schizophrenia b). Clinical Picture- Personality Disorder: Anti Social Personality Disorder c). Clinical Picture- Disorders of Development : Mental Retardation, ADHD</p>	FEBRUARY JANUARY-FEBRUARY JANUARY	MITALI MULLICK DR BITHI AHIRI RAKHI SENGUPTA
		<p>PRACTICAL</p> <p>ON ANXIETY</p> <p>ON PERSONALITY</p>	MARCH-APRIL APRIL-MAY	DR RITUPARNA BASAK DR TINNI DUTTA
SEMESTER FOUR HONOURS	CC-9: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-II	<p>Unit 1: Introduction to Inferential Statistics and Hypothesis Testing about the Difference between Two Independent Means:</p> <p>The meaning of Statistical Inference and Hypothesis Testing; Hypothesis Testing about the difference between Two Independent means; Null and the Alternative Hypotheses; The Random Sampling Distribution of the Difference between Two Sample Means; Properties of the Sampling Distribution of the Difference between Means; Choice of <i>H_A</i>: One-Tailed and Two-Tailed Tests; Steps for Hypothesis Testing; The <i>t</i> Distribution; Characteristics of Student's Distribution of <i>t</i>; Computing <i>t</i> Using Definitional Formula only; Assumptions Associated with Inference about the Difference between Two Independent Means; The Statistical Decision regarding Retention and Rejection of Null Hypothesis. Interpreting the Results of Hypothesis Testing A Statistically Significant Difference versus a Practically Important Difference; Errors in Hypothesis Testing; Power of a Test; Levels of Significance versus <i>p</i>-Values.</p>	JANUARY-FEBRUARY JANUARY-FEBRUARY	DR TINNI DUTTA DR RITUPARNA BASAK
		<p>Unit 2: Hypothesis Testing About the Difference between Two Dependent (Correlated) Means</p> <p>The Null and Alternative Hypotheses; Determining a Formula for <i>t</i>; Degrees of Freedom for Tests of No Difference between Dependent Means; Testing a Hypothesis about Two Dependent Means using the formula involving standard errors and correlation only; Assumptions When Testing a Hypothesis about the Difference between Two Dependent Means. Confidence Intervals Confidence Intervals for $\mu_x - \mu_y$; The Relation between Confidence Intervals and Hypothesis Testing; The Advantages of Confidence Intervals.</p>	FEBRUARY-MARCH FEBRUARY-MARCH	MITALI MULLICK RAKHI SENGUPTA
		<p>Unit 4: Hypothesis Testing for Categorical Variables and Inference about Frequencies</p> <p>The Chi-Square as a Measure of Discrepancy between Expected and Observed Frequencies; Logic of the Chi-Square Test; Assumptions of Chi-Square; Calculation of the Chi-Square Goodness-of-Fit-Test- One Way Classification; Chi Square for Two Classification Variables-Contingency Table Analysis; Interpretation of the Outcome of a Chi-Square Test. Nonparametric Approaches to Data Introduction to Distribution-free Nonparametric Tests; Comparison with Parametric Tests; Uses and Applications of Nonparametric Tests. Theoretical Introduction to SPSS Statistical Package</p>	MARCH-APRIL APRIL APRIL	DR BITHI AHIRI ANURAAG PRASAD LAMA ROMA ROY BASU
		<p>PRACTICAL</p> <p>CHI SQUARE</p> <p>T TEST</p>	APRIL APRIL-MAY	ANURAAG PRASAD LAMA DR RITUPARNA BASAK
SEMESTER FOUR HONOURS	CC-10: APPLIED SOCIAL PSYCHOLOGY	<p>Unit 1: Introduction</p> <p>Nature of applied Social Psychology, Social influences on behaviour, Methodological approaches – Participatory Action</p>	JANUARY FEBRUARY-MARCH	ANURAAG PRASAD LAMA DR RITUPARNA BASAK
		<p>Unit 2: Applying</p> <p>Environment</p>		

		Social Psychology-I:	health	FEBRUARY-MARCH	ROMA ROY BASU
		Unit 3: Applying Social Psychology-II:	Process of intervention;	MARCH	DR BITHI AHIRI
		Unit 4: Intervention and Evaluation:	need for evaluation for effective programmes	MARCH-APRIL	DR TINNI DUTTA
		PRACTICAL	LIKERT SCALE ETHNIC PREJUDICE.	APRIL-MAY APRIL-MAY	RAKHI SENGUPTA DR BITHI AHIRI
SEMESTER FOUR HONOURS	SEC-B-02: STRESS MANAGEMENT	Unit 1: Stress:	Introduction, Nature of stress, symptoms of stress	JANUARY-FEBRUARY	ANURAAG PRASAD LAMA
		Unit 2: Various sources of stress:	environmental, social, physiological and psychological	MARCH-APRIL	ANURAAG PRASAD LAMA
		Unit 3: Stress and health	: effects of stress on health, eustress	FEBRUARY-MARCH	DR TINNI DUTTA
		Unit 4: Managing stress:	Methods - yoga, meditation, relaxation techniques, Problem focused and emotion focused approaches.	APRIL-MAY	DR TINNI DUTTA

SEMESTER SIX HONOURS

Semester	Paper	Unit	Topic	JANUARY-MARCH/ APRIL -JUNE	Faculty Name
SEMESTER SIX HONOURS	CC-13: ORGANIZATIONAL BEHAVIOUR	Unit 1: Introduction:	Historical antecedents of Organizational Behaviour: Scientific management & Human Relations Movement; Contemporary Trends and Challenges; Organizational Behavior: Challenges in the Indian Setting	JANUARY-FEBRUARY	DR RITUPARNA BASAK
		Unit 2: Individual level processes:	Employee attitudes: Job satisfaction, Organizational Commitment, Organizational Citizenship Behaviour; Work Motivation; Early theories: Maslow, McClelland, Two factor; Contemporary theories and applications: Goal setting & MBO, Equity, Expectancy, Job Characteristics Model & Job Redesign	JANUARY-MARCH JANUARY-FEBRUARY JANUARY	ROMA ROY BASU DR BITHI AHIRI MITALI MULLICK
		Unit 3: Dynamics of Organizational Behavior:	Organizational culture; Positive Organizational Behaviour: Optimism.	JANUARY-FEBRUARY JANUARY	RAKHI SENGUPTA ANURAAG PRASAD
		Unit 4: Leadership:	Basic approaches: Trait theories, Behavioral theories, Contingency theories; Challenges to the leadership construct; Indian perspective on leadership	JANUARY-FEBRUARY	DR TINNI DUTTA
		PRACTICAL	ACHIEVEMENT MOTIVATION	APRIL-MAY	DR TINNI DUTTA
		SEMESTER SIX HONOURS	CC-14: COUNSELLING PSYCHOLOGY	Unit 1: Introduction:	Nature and Goals; Counselling as a profession: professional ethics (Latest version of American Counselling Association – ACA); The effective counsellor: personality characteristics;
		Unit 2: Counselling Process:	Building counselling relationships; Working in a counselling relationship; Closing counselling relationships	JANUARY-FEBRUARY	DR TINNI DUTTA

		Unit3: Techniques of Counselling:	Psychoanalytic techniques; Humanistic techniques; Behavioral techniques; Cognitive techniques; Indian techniques: Yoga and Meditation	FEBRUARY	DR BITHI AHIRI
		Unit 4: Counselling Applications:	Family Counselling; Career Counselling; Crisis Intervention: suicide, grief, and sexual abuse	FEBRUARY FEBRUARY-MARCH FEBRUARY MARCH-APRIL	MITALI MULLICK ANURAAG PRASAD LAMA RAKHI SENGUPTA ROMA ROY BASU DR RITUPARNA BASAK
		PRACTICAL	GZII	APRIL-MAY	ANURAAG PRASAD LAMA
SEMESTER SIX HONOURS	DSE-02: HUMAN RESOURCE MANAGEMENT	Unit 1: Introduction to Human Resource Management (HRM):	HRM and HRD, Context and issues in HRM	FEBRUARY	DR RITUPARNA BASAK
		Unit 2:	Human Resource Practices Job analysis; Recruitment and selection; Training; Performance evaluation	MARCH	ROMA ROY BASU
		Unit 3:	International human resource management (IHRM) The context of Globalization, Role of culture in IHRM, Dimensions of	MARCH-APRIL MARCH	MITALI MALLICK ANURAAG PRASAD LAMA DR TINNI DUTTA
		Unit 4: Organizational change and development:	Organizational change: concepts, models (one model), techniques (one for individual and one for group), organizational development: concepts, models (one model), techniques (one for individual and one for group).	MARCH	DR BITHI AHIRI RAKHI SENGUPTA
		PRACTICAL	ORGANIZATIONAL ROLE STRESS	APRIL-MAY	DR RITUPARNA BASAK
SEMESTER SIX HONOURS	DSE-04: COMMUNITY PSYCHOLOGY	Unit 1: Introduction:	Definition of community psychology; types of communities; models.	FEBRUARY-MARCH	DR RITUPARNA BASAK
		Unit 2: Core values:	Individual and family wellness; sense of community; respect for human diversity; social justice; empowerment and citizen participation	MARCH-APRIL	ROMA ROY BASU
		Unit 3: Health promotion:	process of community organization for health promotion, importance. Community program for:old age in the Indian context.	FEBRUARY-MARCH APRIL	ANURAAG PRASAD LAMA RAKHI SENGUPTA MITALI MULLICK
		nit 4: Interventions:	Community development and empowerment; case studies in Indian context.	APRIL	DR TINNI DUTTA
		PRACTICAL	FAMILY ENVIRONMENT	APRIL-MAY	DR BITHI AHIRI

SEMESTER TWO GENERAL

Semester	Paper CC-2-TH+PR	Unit	Topic	JANUARY- MARCH/ APRIL - JUNE	Faculty Name
SEMESTER TWO GENERAL	CC-2: Introduction To Social Psychology	Unit 1:	Brief history of social psychology (special emphasis on India),	JANUARY	DR TINNI DUTTA
		Unit 2: Individual level processes:	Attitude: formation, change and resistance to change	JANUARY	ROMA ROY BASU
		Unit 3: Interpersonal processes:	Interpersonal attraction, prosocial behavior, aggression	JANUARY-FEBRUARY	MITALI MULLICK
		Unit 4: Group dynamics:	Key aspects of groups (Structure, Function and Types of Groups), cooperation and conflict	JANUARY-FEBRUARY	DR RITUPARNA BASAK
		PRACTICAL	SOCIOMETRIC METHOD	MARCH	ANURAAG PRASAD LAMA

SEMESTER FOUR GENERAL

Semester	Paper CC-4-SEC- TH+PR	Unit	Topic	JANUARY- MARCH/ APRIL -JUNE	Faculty Name
SEMESTER FOUR GENERAL	CC-4: Statistical Methods and Psychological Research	Unit 1: Introduction:	Scales of measurement, graphical representation of data (Frequency Polygon, Histogram, Bar Diagram and Pie Chart)	JANUARY- FEBRUARY	ROMA ROY BASU
		Unit 2: Data analysis:	Measures of central tendency: Mean, median, mode (properties and computation). Standard deviation: properties and computation.	JANUARY- FEBRUARY JANUARY	ANURAAG PRASAD LAMA DR RITUPARNA BASAK
		Unit 3: Psychological Testing:	Introduction to psychological testing, characteristics of test, Reliability, Validity, types of tests.	JANUARY- FEBRUARY FEBRUARY- MARCH	DR TINNI DUTTA RAKHI SENGUPTA
		Unit 4: Qualitative methods -	Difference between qualitative and quantitative methods. Application of Interview in Qualitative Methods	APRIL	DR BITHI AHIRI
		PRACTICAL	KNPI CENTRAL TENDENCY STANDARD DEVIATION	FEBRUARY-MARCH APRIL-MAY APRIL-MAY	MITALI MULLICK ANURAAG PRASAD LAMA DR RITUPARNA BASAK
		SEMESTER FOUR GENERAL	SEC- 1B Developing Emotional Competence	Unit 1: Introduction:	importance of recognizing and understanding emotions in oneself and others, importance of managing one's emotions.
		Unit 2: EQ competencies:	self-awareness, self-regulation, motivation, empathy, and interpersonal skills	MARCH-APRIL	

SEMESTER SIX GENERAL

Semester	Paper DSE1B-SEC- TH+PR	Unit	Topic	JANUARY- MARCH/ APRIL - JUNE	Faculty Name
SEMESTER SIX GENERAL	DSE-1B Counselling Psychology	Unit 1: Introduction:	Meaning and goals; Counseling process and relationship; Counselor effectiveness, Counseling in the Indian context	JANUARY	ANURAAG PRASAD LAMA
		Unit 2: Approaches: Unit	Overview of approaches to counseling: Psychodynamic, Behavioral, Person-centered and Cognitive-behavioral	JANUARY FEBRUARY	DR TINNI DUTTA RAKHI SENGUPTA
		3: Techniques:	Play, Relaxation, Yoga, Meditation	FEBRUARY	DR RITUPARNA BASAK
		Unit 4: Applications:	Family Counseling; School and Career Counseling	MARCH MARCH	DR RITUPARNA BASAK ANURAAG PRASAD LAMA
		PRACTICAL	ON EMPATHY	MARCH-APRIL	DR TINNI DUTTA