

7.2. BEST PRACTICE 1

1. Title of the Practice:

This title should capture the keywords that describe the practice.

Economic empowerment of women by empowering students of the college, to ‘rise and shine’.

2. Objectives of the Practice

What are the objectives / intended outcomes of this “best practice” and what are the underlying principles or concepts of this practice? (in about 20 words)

- a. Arrange for different entrepreneurial training for the students.
- b. Equip the students with different skills as per their ability, interest and aptitude.
- c. Organise different workshops to impart hands on training on making of different handmade products.

3. The Context

Functional education is more important nowadays than the traditional form of education. To fulfil the objective of economic empowerment, students need to be self-sufficient. The students require knowledge and skill to be absorbed in the existing job market as well as to begin their own start-ups.

4. The Practice

Describe the best practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced? (in about 50 words)

Add-on courses like Media Writing, Speaking, Presentation; Embroidery, Cutting, Tailoring; soft skills development and sexual harassment at workplace are conducted to make the students ready for the job market.

Students are pursuing Bratachari training and have completed Prarambhiki.e. the first stage of the course and on completion of the three levels, they may serve as Bratachari trainers.

5. Evidence of Success

Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 40 words.

Students are absorbed by different companies through interviews conducted in the college.

Students gain confidence to continue their start-ups after participating in different training courses and programmes arranged in the college.

Problems

Encountered and Resources Required Please identify the problems encountered and resources required to implement the practice (in about 30 words).

Under CBCS time tables are over burdened with classes. Little time is left to conduct different add on courses to offer variety of courses as per students needs, abilities and aptitudes.

6. Notes (Optional)

Please add any other information that may be relevant for adopting/ implementing the Best Practice in other institutions (in about 30 words).

2021-2022

7.2. BEST PRACTICE 2

1. Title of the Practice:

This title should capture the keywords that describe the practice.

Health related activities for well-being in post pandemic

2. Objectives of the Practice

What are the objectives / intended outcomes of this “best practice” and what are the underlying principles or concepts of this practice? (in about 20 words)

- i. Conduct awareness programme regarding physical and mental health issues in post-covid pandemic.
- ii. Organise Thalassemsia awareness and blood donation programme.
- iii. Free doctor consultation in college campus.

3. The Context

What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice? (in about 30 words)

To aware the students and community regarding healthy living adequate knowledge regarding regular health check-up, blood donation, nutrition, thalassemia etc. is much required.

4. The Practice

Describe the best practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced? (in about 50 words)

To make the students in Higher education understand the importance of healthy life, college organises-

- Free doctor consultation every alternative week by registered physician.
- Online lecture ‘Importance of blood donation and thalassemia’

- Blood donation camp.
- Add-on course on nutrition and dietetics.
- Regular yoga classes.
- Interactive sessions on 'Clinical Psychology in the present day and near future' & Prevention and treatment of Drug Abuse.

5. Evidence of Success

Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 40 words.

Students spontaneously donate blood, attend yoga classes, consult doctor and join different add-on courses as per their need, interest and aptitude. Counselling sessions are availed by students to address their personal issues.

6. Problems Encountered and Resources Required Please identify the problems encountered and resources required to implement the practice (in about 30 words).

Many students are first generation learners from lower economic strata, therefore they do not get any idea about importance of healthy living from their family. To make the students aware and conscious regarding health issues is not an easy job.

7. Notes (Optional)

Please add any other information that may be relevant for adopting/ implementing the Best Practice in other institutions (in about 30 words).